



MIT-ADT
UNIVERSITY
PUNE, INDIA
A leap towards World Class Education

- **Have you ever been fascinated by the intriguing world of human behaviour and the brilliant super processor called the Human Mind?**
- **Do you like to counsel your family members, friends and peers in their times of need?**
- **Are you attracted towards the amazing healing powers of Ayurveda and Yoga and the timeless inspiring philosophy of Indic texts like Bhagawad Gita?**

If the answer to any of these questions is **YES**, then the psychology programs of MIT School of Vedic Sciences (MITSVS), MIT-ADT University, Pune, will open a whole new world of possibilities for you.

ADMISSIONS OPEN

- **B.Sc. in Integral Psychology**
3-year full-time University Degree Program
Eligibility: 10+2 or equivalent in any stream
- **PG Diploma in Applied Vedic Psychology**
1.5-year University PG Diploma
Eligibility: Post-graduate in any discipline

Value proposition: Psychology is the emerging master science of the 21st century, as striking a balance between the technology driven fast-paced human life and sustainable practices essential for individual, societal and environmental well-being, is becoming increasingly crucial. This is where Integral Psychology programs with holistic Vedic insights add value in terms of all-round development of an individual. These programs combine the best of both the worlds - Modern and Indic perspectives – in a practical manner, by covering the time-tested ancient principles and the latest advances and findings in this field. This helps the students to efficiently manage their mind, body and soul and also embark upon thriving career paths.

Career opportunities:

Clinical practice & Counselling	HR/Organizational behaviour	Social sciences
Psychotherapy & Health	Management	Forensic
Training & Education	Media	Research

Why psychology? We often ask questions like: Why am I happy/unhappy/stressed? How can I be peaceful and in harmony with my surroundings? How do I excel in academics/career? How do I cope with emotions, difficult situations, peer pressure and adolescent issues? Why do people behave the way they do? How do people remember? How do children learn? How does the brain work?

As psychology is the science of mind and behaviour, it is both, a thriving academic discipline and a vital profession. It is one of the most interesting fields of study because it is **about “us”** and **about perception, imagination, dreams, love, hate, morality, happiness and depression**. Thus, it is about everything that matters to human beings and gives us clarity about our own self, along with insights into others' behaviour and mental processes. Psychology builds qualities such as empathy, altruism, openness, optimism and resilience. It enables meaningful synergies between IQ, EQ, HQ, AQ and SQ. It is also helping in the study of artificial intelligence.

Because of its vastness, virtually everyone can find something of interest in psychology. It has **links with natural sciences, social sciences and arts** and hence leads to a variety of career opportunities.

Understanding and analysing human behaviour through study of psychology plays an important role in effective management in all walks of life including IT, finance and other corporate sectors.

Vedic angle for a holistic view: India is widely known as the cradle of one of the most ancient civilizations of the world, whose philosophy, equitable social practices, economic prosperity and scientific developments had caught the attention of global rulers and traders for centuries. There must be something right about how our ancestors lived, ruled, thought, studied, ran business and innovated. With the rising interest in India's Vedic Sciences across the globalized world, the time is ripe to dig into the ancient valuable insights that are useful in today's times. Indic education system has always been inherently inter-disciplinary (not disjoint knowledge compartments), evidence-based and experiential in nature. B.Sc. in Integral Psychology at MITSVS draws upon this knowledge and involves study of the mind (manas), intellect (buddhi), ego (ahankara) and memory (chitta).

Uniqueness of the programs:

- Undiluted psychology degrees in the Science stream with focus on scientific approach and research aptitude, unlike other psychology degrees in the Arts stream
- Application-oriented study of ancient knowledge – Yoga, Ayurveda and Aesthetics (Arts, Music and Theatre) for psychotherapy
- Field trips and hands-on practice with leading experts and practitioners

B.Sc. in Integral Psychology: There is growing interest among young professionals to study India's native scientific knowledge and its practical utility. This program is designed to groom the next generation of holistic counsellors, psychotherapists and leadership coaches who will be armed with the best of modern and ancient knowledge to get insights into human behaviour. Students can also go for higher studies by pursuing M.Sc. in Integral Psychology and doctoral program that will be eventually launched and thus, be ready for a bright career. **The program covers** Modern & Vedic psychology, sociology, communication, research methods, Indic thought & contemporary relevance, Ashrama Theory, women's studies and epics, along with integral study of mind (manas), intellect (buddhi), ego (ahankara) and memory (chitta). This unique program will help in breaking the glass ceiling for a holistic synthesis of ancient knowledge with modern studies for the betterment of all.

PG Diploma in Applied Vedic Psychology: This program enhances the effectiveness of professional psychotherapists via holistic Indic psychological understanding and skills for clinical practice drawn from Yoga, Ayurveda and Aesthetic principles.

Admission criteria: A short '**Statement of Purpose**' indicating reason for interest in psychology and MIT-ADT University and career aspirations - This will be followed by a phone interview.

About MIT-ADT University: MIT Art, Design and Technology (ADT) University, Pune, was adjudged as the 'Best University Campus' at the 10th National Education Excellence Awards-2017, by ASSOCHAM. This unique University is situated on Pune-Solapur highway in the serene Rajbaug Campus, Loni Kalbhor, Pune, on the banks of Mula-Mutha river. MIT-ADT is a State Private University empowered to award degrees by the state of Maharashtra. It offers niche programs in Engineering, Film & Television, Food Technology, Marine Engineering, Bio-Engineering, Media & Journalism, Fine Arts, Design, Management, Dance & Music, Architecture & Planning, Vedic Sciences, Teacher Education and Humanities & Social Sciences. The vast, beautiful campus spanning more than 100 acres has tastefully constructed buildings with architecture inspired by Indian spirituality and philosophy, along with state-of-the-art infrastructure, labs, studios, an amphitheatre, seminar halls, an auditorium.

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